

## All things digital health and social care at the ALLIANCE



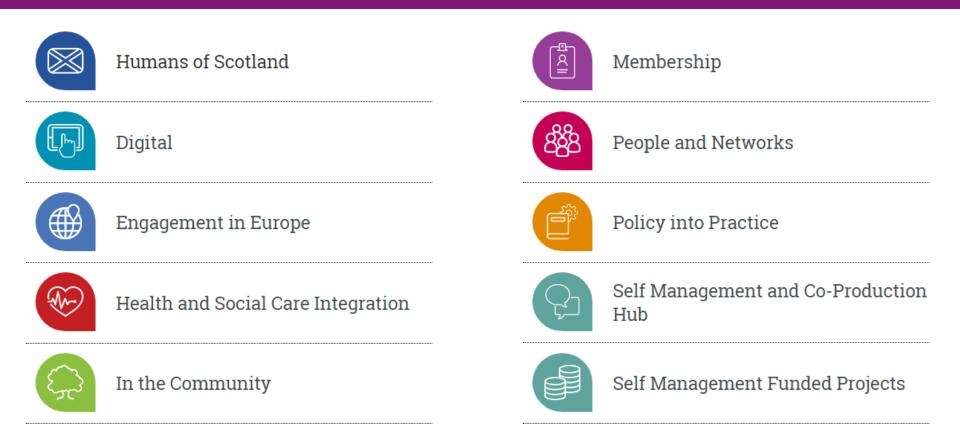
Chris Mackie Director of Digital



# ALLIANCE SCOTLAND people at the centre

- Our vision is a Scotland where everyone has a strong voice and enjoys their right to live well with dignity and respect
- Scotland's national third sector intermediary for health and social care
- Strategic partner of Scottish Government
- >3600 members, including disabled people, people living with long term conditions, unpaid carers, and third sector organisations

# The ALLIANCE: about our work



# The Digital Hub at the ALLIANCE



## A Local Information System for Scotland (ALISS)

Helps people find and share information about local community assets and services that support health and wellbeing





## "Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity."

World Health Organisation (WHO)



## • What keeps you well?

People valued a wide range of support including local activities, events, places and opportunities as well as formal services.



## • Are there barriers to accessing these resources?

Information about local support is hard to find, either because it is only available in paper form or word of mouth, and when online, it is often scattered across multiple sites with a lot of duplication.

## What should we do to address these barriers?

One list of all sources of support, made available through multiple places where individuals might seek it themselves or where professionals might seek it on their behalf. And a mechanism and support that enables agencies and professionals across different sectors to work together and with communities to collectively identify, maintain and share information.

ALISS therefore includes a broad range of groups, services, activities and resources that:

- enable social connection e.g. peer support, hobby clubs, befriending services
- assist people to self manage their long term conditions e.g. helplines, support groups
- support outdoor or physical activity e.g. walking groups, community gardens
- link to a range of practical support e.g. money advice, advocacy support
- involve digital technology e.g. online forums, health related mobile apps





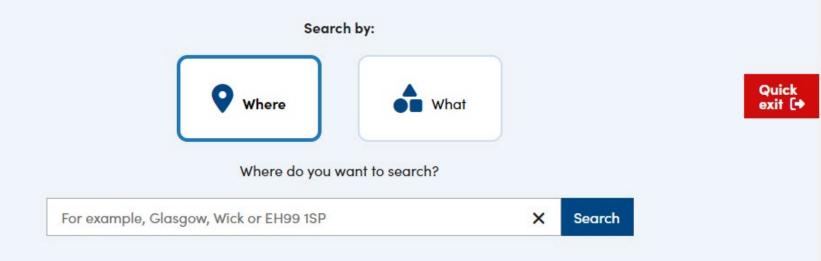
- Open source
- Open data
- Crowdsourced
- Coproduced
- Agile





## Connecting you to your community.

Find services, groups and activities for health and wellbeing across Scotland.







A Local Information System for Scotland



Add to ALISS



Login / Signup

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#### Sort

## Services and Resources for (G64 2BP)

Distance (nearest to furthest)	13 Results		List	≡	Grid 🎟
Relevance					
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moved to the end of your search results to prioritise up-to-date	Walking Groups	3	Visit the web	site	
information on ALISS.	Delivered by: Chest Heart and Stroke Scotland (CHSS)	e.	0738837860	5	

#### What

### ⊘

#### S mental health

#### What do you want to find?

For example, mental health supp



health walks across Scotland, with more being added soon.

## Serenity Mind Body Soul

Delivered by: Serenity Mind Body Soul Claimed

Zast updated: 22/05/2024

Last updated: 08/04/2024

In my work with clients, I look for the root causes of problems and the ways that one's physical,

Chest, Heart and Stroke Scotland's Walking for Health Project. We provide low-level, inclusive

emotional, mental, and spiritual well-being affect one's general state of wellbeing.



walking@chss.org.uk



A Local Information System for Scotland



i About ALISS





→) Login / Si<u>gnup</u>

#### Sort

### Distance (nearest to furthest)

- 🔵 Relevance
- Last Updated
- ) a-z
- Recently Added

### G Search results

Any information that hasn't been reviewed in 12 months will be moved to the end of your search results to prioritise up-to-date information on ALISS.

#### What

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## Services and Resources for (G64 2BP)

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Serenity Mind Body Soul

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# Visit the website Al Search Assistant sobia@serenityming#

vsoul.co.uk

In my work with clients, I look for the root causes of problems and the ways that one's physical,

emotional, mental, and spiritual well-being affect one's general state of wellbeing.

### Nemo Arts Guitar Group (Coimed)

Delivered by: Nemo Arts Claimed

**Last updated:** 20/09/2022

Every Wednesday and Thursday 12pm - 2pm

Our Guitar Group on Wednesdays and Thursdays is designed for all levels of players, whether you haven't touched a guitar before or if you've being playing for years!

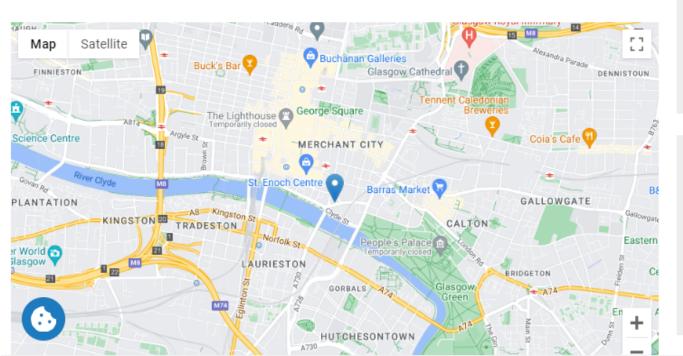
Who can access our service?

Anyone over 16 and who is experiencing poor mental health, isolation or loneliness can access our services.

#### How?

Referrals can be submitted by any service that is supporting your mental health, this may be your GP, Community Mental Health Team, Social Worker or another mental health charity.

#### Addresses: View all (1)



### **Contact information**

You can use the information below to get in touch with Nemo Arts Guitar Group

- Visit the website
- 01415594941
- hugh@nemoarts.org

### Actions

$\sim$	Share this page via email
8	Print this listing
•	Add to collection
←	Return to latest search results

Quick exit (+

## Do you represent this service?

This service has been claimed but you can help keep this page up to date by requesting to help manage the informatic Al Search Assistant

Learn more Manage this service





### Connecting Shetland Communities

Shetland Community Directory

Shetland Community Directory helps you find or about activities, clubs, support and services, wherever you are in Shetland.

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#### CogniCare

Tailored guidance for dementia car

CogniCare is an app for families looking after someone with dementia. It is designed to improve the caring experience by providing advice and resource to help with daily tasks and promote the carer's wellbeing.

Download CogniCare for free



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A&Es and Minor Injuries Units >	Dental services >	GP practices >	
Health and wellbeing services >	Hospitals >	Opticians >	
Pharmacies >	Sexual health clinics >		

**Health** & **Social Care** Partnership



Renfrewshire Health&SocialCare Partnership

Find services near you
How to add a listing

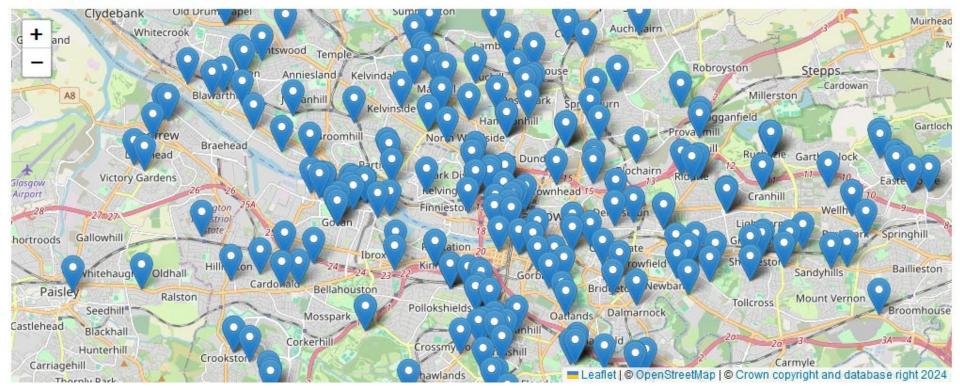


enter your postcode

filter by keywo

Submit

All O Community Garden O Food Delivery O Foodbank O Free Meals O Lunch Club O Community Cafe O Breakfast Club
 Allotments O Community Food Shops O Community Food Education O Community Cooking O Community Growing
 Money advice O GCFN Member







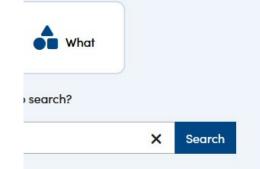


Login / Signup

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## our community.

and wellbeing across Scotland.





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Quick exit [+

### **New Search**

Hi, I am Heather, your ALISS intelligent search assistant.

We are using Artificial Intelligence (AI) by ConnectingYouNow to test a different way to find services on aliss.org.

By using ConnectingYouNow services you agree to this **<u>Privacy Policy</u>**.

Try our test version

Learn more about ConnectingYouNow.ai

## **ALISS Strategic Objectives**



# **Digital Health and Social Care**

Supporting transformational change in health and social care by exploring

digital and innovative technologies and ways of working.



# **Discover Digital**

A project to raise awareness of digital tools and resources that can support health

## and wellbeing.

- Discover Digital Roadshows and Workshops
- Small grants
- Discover Digital Guide
- Try a tool Tuesday
- Education and learning activities



# Discover Digital: Small Grants



**Enabler grants** (up to £15,000 per organisation, 18-month projects)

- LGOWIT (now My Self Management) expanding the Living Well Digitally project which delivers peer support session on digital skills.
- Networking Key Services tailored digital inclusion programme for South Asian women and their families.
- **Tailor Ed Foundation** project to upskill children with autism and their families to be digitally included.

**Discovery grants** (up to £3,000 per organisation, 6-month projects)

• Scottish Care, Cosgrove Care, Deafblind Scotland, OPAL Borders, Articulate Trust, Cornerstone Community Care.

# Discover Digital: Education and learning

- **Discover Digital Guide**
- Open Learn Create course
- SSSC Open Badge
- <u>Right Decision Service</u>
- Workshops and roadshow



## https://www.alliance-scotland.org.uk/digital/digital-health-and-care/discover-digital/

# **Digital Citizen Panel**

Hear the voices of people with lived experiences on their needs and preferences on digital services across health, social care and housing

- 129 Members
- Engagement: Digital Front Door

Digital prescribing and dispensing NHS Inform review Integrated care record

• Conversation Cafes

https://www.alliance-scotland.org.uk/digital/digital-health-and-care/digital-citizen-panel/





# **Digital Links Project**

Supports individuals in Glasgow who have poor mental health and who are experiencing digital exclusion to become more skilled and confident in accessing digital health and social care support.

- Provide device or/and data
- Support to set up a device, and essentials to access support e.g. email address.
- Confidence and skills training via **Discover Digital**
- Work with the individual to achieve their digital inclusion personal goals/ outcomes.



https://www.alliance-scotland.org.uk/digital/digital-health-and-care/our-work/digital-links-project/

# Human Rights Principles in Digital Health and Social Care

- 1. People at the centre
- 2. Digital where it is best suited
- 3. Digital as an ongoing choice
- 4. Digital inclusion, not just widening access
- 5. Access and control of personal data

https://www.alliance-scotland.org.uk/digital/digital-health-and-care/our-work/human-rights-principles-in-digital-health-

and-social-care/







# Thank You

www.alliance-scotland.org.uk

www.aliss.org

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